

GET BACK ON TRACK

in Sydney's
biggest backyard

Liverpool Area



The Plough & Harrow Loop

This gentle loop takes in two of the Parkland's most popular picnic areas, Plough & Harrow East and Plough & Harrow West.

Plough & Harrow East is more action-packed, with a playground, high rope course and café – while Plough & Harrow West is better suited to large groups looking for wide, open spaces.

The loop itself is an easy 1.6km walk; perfect for families and friends of all ages.

Covering 5280 hectares and stretching over 27km, Western Sydney Parklands is home to more than 70km of different tracks and trails for you to explore.



Grade 1



Length

1.6km
(30 mins)



Suitable

Walking
& running



Surface

Sealed
pathways

Amenities:



Getting there: You can get there by car or public transport and there is parking at Plough & Harrow. If you're travelling by public transport, the nearest bus service is at Cecil Hills shopping centre. Local residents can also walk, run or cycle into the Parklands.

Starts and finishes: Start at either Plough & Harrow East or West carpark.

Accessibility: Suitable for wheelchairs, mobility scooters and prams, however, there are some sloping sections along the pathway.

Entrance: Corner of Elizabeth Drive and Windsor Rd, Abbotsbury.

70km of **TRACKS AND TRAILS** to explore
westernsydeyparklands.com.au



Western Sydney Parklands

The Plough & Harrow Loop



Parklands Map Legend

- Accessible toilet
- Amphitheatre
- BBQ
- Bench
- Bird watching
- Café
- Charcoal BBQ
- Bicycle parking
- Dogs must be on-leash

- Dog off-leash area
- Drinking fountain
- Function centre
- Heritage location
- Lookout
- Parking
- Picnic shelters
- Playground
- Toilet

- Train station
- Restaurant
- Major entry point to Parklands Track
- Parklands Track
- Parklands Track
- Recreational trails
- Local/regional connections

Safety

- Be sun smart – cover up with clothing, a hat and sunscreen.
- Stay hydrated – take water with you and stop to refill.
- Stick to the paths.
- If you're using a bike in the Parklands, you'll need to wear a helmet.
- In an emergency, call 000. Download this app to link you to emergency services by GPS if you get lost: <https://emergencyapp.triplezero.gov.au/>

